

# Free Dining Sites in Twin Cities Metro

## MINNEAPOLIS AREA

<p><b>Waite House Community Cafe</b> 2323 11th Avenue South, Minneapolis, MN 55404 Hennepin County Phone: 612-455-0367 Hours: Monday-Friday: 11:00-12:30 pm</p>	<p><b>Loaves &amp; Fishes at Salvation Army Temple Corps Lunch</b> 1604 East Lake Street, Minneapolis, MN 55407 Hennepin County Hours: Monday-Wednesday 12:00-1:00 pm</p>
<p><b>Loaves &amp; Fishes at St. Stephen's</b> 2123 Clinton Avenue South, Minneapolis, MN 55404 Hennepin County Hours: Monday-Friday, 5:30 to 6:30 pm</p>	<p><b>Loaves &amp; Fishes at New Bethel Baptist Church</b> 1115 N. 30th Ave, Minneapolis, MN 55411 Hennepin County Hours: Monday-Friday 5:30-6:30pm</p>
<p><b>Loaves &amp; Fishes at Holy Rosary Catholic Church</b> 2424 18th Avenue South, Minneapolis, MN 55404 Hennepin County Phone: 612.724.8929 Hours: Monday- Thursday, 5:15 to 6:15 pm</p>	<p><b>Sharing and Caring Hands</b> 525 N. 7th St., Minneapolis, MN 55405 Hennepin County Phone: 612-338-4640 Description: All are welcome. Hours: Monday-Thursday, 10:30am-12pm and 3:00pm; Saturday and Sunday, 9:30 am and 11am.</p>
<p><b>House of Charity</b> 714 Park Avenue, Minneapolis, MN 55404 Hennepin County Hours: Monday-Friday: 8:30-9am <b>(women and children only)</b> 12:00-1:00pm <b>(open to all)</b> Saturdays &amp; Sundays:10:30-11:30am <b>(open to all)</b></p>	<p><b>Oak Park Center Community Cafe</b> 1701 Oak Park Avenue North, Minneapolis, MN 55411 Hennepin County Phone: 612-377-7000 Hours: Tuesday- Thursday: 5:00-7:00 pm</p>
<p><b>Loaves &amp; Fishes at Salvation Army North Lunch</b> 2024 Lyndale Ave N, Minneapolis, MN. 55411 Hennepin County Hours: Monday-Friday 11:30-12:30</p>	<p><b>Loaves &amp; Fishes at Living Hope Ministries</b> 1737 Adams St. NE, Minneapolis, MN. 55413 Hennepin County Hours: Thursday's 5:30-6:30</p>
<p><b>Loaves &amp; Fishes at Community United Methodist Church</b> 950 Gould Ave NE Minneapolis, MN. 55421 Hennepin County Hours: 2nd Monday of the month 5:30-6:30pm</p>	<p><b>Harbor Light Center at Salvation Army</b> 1010 Currie Ave, Minneapolis, MN. 55403 Hennepin County Hours: Thursday-Monday 6:00 pm</p>
<p><b>Mount Olive Church</b> 5025 Knox Ave S. Minneapolis, MN 55419 Hennepin County Hours: Every other Thursday, 5:15-6:15 PM (opens March 14, 2019)</p>	<p><b>Grace Lutheran Church</b> 1500 6th St. NE Minneapolis, MN 55413 Hennepin County Hours: fourth Saturday of the month at 5:30pm</p>

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<p><b>Community Bridge</b>                  2400 Park Ave, Minneapolis, MN 55404                  Hennepin County                  Hours: Every Thursday (unless a holiday) 12:00-1:00 pm                  Phone: (612) 746-4108</p>	<p><b>Hennepin Avenue United Methodist Church</b>                  511 Groveland Ave, Minneapolis, MN 55403 (social hall)                  Hennepin County                  Hours: 1st and 4th Sunday of each month at 4:30-7:00                  Phone: (612) 871-5303</p>
<p><b>Zion Lutheran Church</b>                  4680, 128 W 33rd St, Minneapolis, MN 55408                  Hennepin county                  Hours: Wednesday's at 6:00 pm</p>	

## ST. PAUL AREA

<p><b>Loaves &amp; Fishes at Dorothy Day</b>                  183 Old Sixth St, St. Paul, MN 55102                  Ramsey County                  Hours: Sunday - Friday: 4:30-5:30pm                  Phone: 612-204-8485</p>	<p><b>Union Gospel Mission (Men's Campus &amp; Program)</b>                  435 University Ave E., St. Paul, MN 55130                  Ramsey County                  Phone: 651-292-1721                  Hours: Monday-Sunday (7 days)  <b>Breakfast</b> 6:30-7:30 am <b>Lunch</b> 12-1:00 pm <b>Supper:</b>                  5:30-6:30pm  <b>Description: Men only</b></p>
<p><b>7th Street West Salvation Army</b>                  401 7th Street West, St. Paul, MN 55102                  Ramsey County                  Hours: Monday-Friday: 7:30am-8:30am                  Phone:(651) 224-4316</p>	<p><b>Loaves &amp; Fishes at St. Matthews</b>                  510 Hall Ave, St. Paul, MN 55107                  Ramsey County                  Hours: Monday - Thursday: 5:00-6:00 pm                  Phone: (651) 224-9793</p>
<p><b>Bethlehem Lutheran - The Midway</b>                  436 Roy St N, St. Paul, MN 55104                  Ramsey County                  Hours: Monday: 12pm-2pm                  Phone: (651) 646-6549                  2nd Sat of every month dining for women @10:00 am</p>	<p><b>Loaves &amp; Fishes at Gethsemane</b>                  2410 Stillwater Rd E, St. Paul, MN 55119                  Ramsey County                  Hours: First and Third Thursday of the month: 5:30 - 6:30pm                  Phone:(651) 739-1264</p>
<p><b>Payne Avenue Salvation Army</b>                  1019 Payne Ave, St. Paul, MN 55130                  Ramsey County                  Hours: Monday- Friday: 11:45am-12:45pm                  Phone: (651) 776-8169</p>	<p><b>Loaves &amp; Fishes at Beloved United Methodist Church</b>                  1965 Sherwood Avenue. St. Paul, MN. 55119                  Ramsey County                  Hours: Monday &amp; Tuesday 5:30-6:30pm                  Phone:(952) 479-4887</p>
<p><b>Loaves &amp; Fishes at Our Redeemer Lutheran Church</b>                  1390 Larpenteur Ave E. St. Paul, MN. 55109                  Ramsey County                  Hours: Wednesday 5:30-6:30pm                  Phone: (651) 772-2445</p>	<p><b>CURE ministries</b>                  1173 Payne Ave, St Paul, MN 55130                  Ramsey County                  Hours:Monday @ 5:30-6:30pm                  Phone:(651) 646-1868                  located in the dining room</p>

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## SUBURBAN AREAS

<p><b>Loaves &amp; Fishes at Presbyterian Church</b> 7132 Portland Ave S, Minneapolis, MN. 55423 Hennepin County Hours: Monday -Thursday 5:00 - 6:00 PM</p>	<p><b>Loaves and Fishes at Lutheran Woodlake</b> 7525 Oliver Ave S. Richfield, MN 55423 Hennepin County Hours: Saturday &amp; Sunday, 5:30 - 6:30 PM</p>
<p><b>Loaves &amp; Fishes at Creekside Community Center</b> 9801 Penn Ave South Bloomington, MN. 55431 Hennepin County Hours: Monday-Friday 5:30-6:30</p>	<p><b>Loaves &amp; Fishes at Brooklyn United Methodist Church (lunch)</b> 7200 Brooklyn blvd, Brooklyn center, MN. 55429 Hennepin County Hours: Mon, Wed, Frid: 12:00-1:00 pm</p>
<p><b>Loaves &amp; Fishes at Plymouth Covenant Church</b> 4300 Vicksburg Lane North Plymouth, MN. 55446 Hennepin County Hours: Saturday &amp; Tuesday at 5:30-6:30 pm</p>	<p><b>St. Gabriel Catholic ( St. Joseph's Campus)</b> 1310 Mainstreet Hopkins, MN. 55343 Hennepin County Hours: Saturday-Tuesday 5:30-6:30</p>
<p><b>River Heights Vineyard Church</b> 6070 Cahill Avenue East, Inver Grove Heights, MN 55076 Dakota County Hours: Monday- Thursday, 5:30-6:30pm</p>	<p><b>Crossroads Church</b> 5590 Babcock Trail, Inver Grove Heights, MN 55077 Dakota County Hours: 1st Saturday of every month 12:30 pm–2:00 pm Phone:952-469-7729</p>
<p><b>Easter Lutheran Church</b> 4545 Pilot Knob Road Eagan, MN. 55122 Dakota County Hours: Monday- Thursdays 5:30-6:30 pm</p>	<p><b>Loaves &amp; Fishes at Fridley United Methodist Church</b> 680 Mississippi St NE Fridley, MN. 55432 Anoka County Hours: 4th Sat at 11:30am - 1:00pm</p>